

LEARN HOW TO RIDE A BUS IN THE COMFORT OF A CONTROLLED ENVIRONMENT

# MOBILITY TRAINING CENTER

The Metro Bus Travel Training program at the Mobility Training Center is for anyone wanting to learn how to ride the bus. Staff specialize in helping seniors, individuals with disabilities and people with limited English skills learn to ride. Trainings are **FREE** and customized to fit your needs!

## ASSESSMENT COURSE FEATURES

- ① **TRAINING BUS**  
Practice reading destination signs, boarding, playing fares, wheelchair navigation and securements.
- ② **UNEVEN SURFACE**  
Evaluate gait and balance.
- ③ **SIMULATED SURFACES (grass, rock, curb)**  
To observe transition from surface to surface.
- ④ **SLOPED SURFACE**  
Test endurance and mobility.
- ⑤ **TRAFFIC SIGNALS**  
Teach pedestrian safety.
- ⑥ **MOBILITY DEVICE MEASUREMENT TOOLS**  
Measures size and weight of person and device (wheelchair, scooter, etc.).
- ⑦ **BIKE RACK**  
Teach how to load bicycle.

### TRIP SIMULATION

A Functional Assessment of Cognitive Transit Skills (F.A.C.T.S.) tool used nationally to assess a person's cognitive ability to use a Fixed Route bus system as well as teach way finding skills.

